

NOTES:

SOURCE #1:

Metzler, Mike. *Carpe College!: Seize Your Whole College Experience*. Fairport, NY: Woodsman, 2014. Print.

Misery & Bliss

- Examining the idea of searching for someone else's goals or your own. (3)
- The Mantra: "Know Thyself. Have a Plan. Assume No One Else Cares. (3)

Learning vs. Living (23)

- It's not Learning VS Living, but rather Learning **AND** Living (23)
- Learning = "What you're here for"/Living = "College Life" (23)

MY TAKE: Lays out the REALLY BIG ideas for thinking about goals and the 2 main aspects of college life. Helps with WHY am I doing this and HOW should I approach.

SOURCE #2:

Metzler, Mike. "Gettin' It Done Week One." Web log post. CarpeCollege.com. Woodsman Press, 21 July 2015. Web. 24 Apr. 2016.

10 Quick Tips to Conquer Your First Week of College:

1. Get Your Lazy A** to Class!
2. Be Alarmed By Your Alarm.
3. Take Note of Your Notes
4. Ain't Nothin' Silly About That Syllabus
5. Don't Forget Your First Date
6. Buy Your Books.
7. Scope Out Your Silent Space.
8. What's the Score on Your New Social Schedule?
9. Hop on Your Healthy Habits.
10. You're Not Too Cool for School. "Seize every opportunity presented to you early on. If you're invited to go to dinner, do so. If you're invited to check out a club, join an intramural activity, or attend a campus event, do so. If you're invited to help a professor in class, do so. These are all rich experiences you are paying for, and they will pay great dividends as you progress through your college life."

MY TAKE: Quick Checklist to help w/early success. Each point is elaborated, but #10 captures the big picture idea of approach... AND ties into mantra in SOURCE #1.