



## IN FOCUS

# The Six Main Theories in Psychology

**Neurobiology**

Behavior viewed in terms of biological responses

**Behaviorism**

Behavior viewed as a product of learned responses

**Humanism**

Behavior viewed as a reflection of internal growth

**Psychoanalysis**

Behavior viewed as a reflection of unconscious aggressive and sexual impulses

**Cognitive Psychology**

Behavior viewed as a product of various internal sentences or thoughts

**Sociocultural Psychology**

Behavior viewed as strongly influenced by the rules and expectations of specific social groups or cultures

Can you place these theories in any chronological order?