

Motor Strip Dominance

For each of the following answer *left*, *right*, or *both*.

1. With which hand do you write?
2. With which hand do you throw a ball?
3. Which hand do you use to hold scissors?
4. With which hand would you hammer a nail?
5. When holding a baseball bat, which hand is on top?
6. Which hand deals out playing cards?
7. When you cross your arms, which arm is usually on top?
8. When you cross your leg, which leg is usually on top?
9. With which foot do you kick a ball?
10. When putting on a pair of pants, which leg goes into the pants first?
11. When putting on a jacket or sweater, which arm goes into the sleeve first?
12. When using a belt, which hand pushes the belt through?
13. Which hand do you use to comb or brush your hair?
14. Which hand is on top when you clap?