

The Mask You Live In - Film Response

Please reflect on & answer the following questions with your perspectives, using illustrative examples where warranted:

1. Do you believe glorifying star male athletes or male sport teams in high school promotes toxic masculinity?
2. Recently many celebrities, such as Harry Styles and Ruby Rose, have been breaking gender roles. Is this a good start in showing future generations that it's okay to break stereotypes and express who they truly are? Is society today promoting a more gender neutral environment?
3. In the movie there was a teacher doing an activity with a group of teenagers about the mask they put on. Reflect on a time where you had to put a mask on and think about the dangers of permanently putting a mask on like those students have to.
4. How can the educational system improve to promote healthy skills in children, especially boys? What lessons or lifestyles should be taught?
5. After watching this movie, what is your definition of masculinity? How can society change to promote healthy masculinity? How can society get rid of toxic masculinity?